

WAUPUN

FEBRUARY 2026



WAUPUN
CITY OF SCULPTURE

RECREATION DEPARTMENT NEWSLETTER

Inspiring Wellness | Enriching Lives | Building Community

MARDI GRAS PARTY

You are invited to our Mardi Gras party at the Community Center! **Registration is required by noon on Monday, February 16** by calling 324-7930 or registering at the welcome desk. There is a suggested contribution of \$5 for lunch. For ages 60+

When: Tuesday, February 17

- 11:15am—Mocktails
- 11:30am—Lunch
 - ♦ **Lunch: Menu:** Bratwurst on a Bun, Calico Bean Casserole, Red Cabbage, Tropical Fruit, Cookie
- Noon—Mardi Gras Bingo
- 12:30pm—Mardi Gras Family Feud

ROOM & GYM RENTALS

The Waupun Community Center has rooms available to rent! Call us at (920) 324-7930. Visit <https://www.cityofwaupunwi.gov/parksrec/page/parks-and-recreation-home> to see full rental packet.

OPEN GYM & COURT RESERVATIONS

The Waupun Community Center has open gym on Monday-Friday, 3-7pm and Saturdays, 8am-Noon. Use your membership or purchase a day pass. For Court reservations, please ask a staff member. Gym schedule is on page 8.

WHAT'S INSIDE:

- Activity Calendar
- Bingo
- Book Club
- Card Games
- Citizens Academy
- Craft Club
- Diamond Art
- Fitness Center
- Foot Care
- Line Dancing
- Lunch
- Mayor Visit
- Membership
- Movie
- Pickleball
- Presentations
- School's Day Out
- Sing-Along
- Travel Show
- Yoga

Address: 520 McKinley Street Suite A, Waupun, WI 53963

Phone: (920) 324-7930

Hours: Monday—Friday, 6:00am—7:00pm & Saturdays, 8am—Noon

Email: parks@cityofwaupunwi.gov

Website: <https://www.cityofwaupunwi.gov/>



MEMBERSHIP

Waupun Community Center **participation requires a membership or day pass fee** to provide, maintain, and expand our services and programs. Stop on in for a tour!

Standard Membership grants access to participate in basic programs and services.

Standard + Fitness Membership grants access to everything a Standard Membership does, plus the ability to join our instructor-lead fitness classes and access to fitness center and gymnasium.

Additional fees may apply for certain programs offered by contracted instructors, practitioners, or for travel programs. Program offerings requiring specialized instruction, or the use of equipment or special supplies will be fee-based to support program delivery.

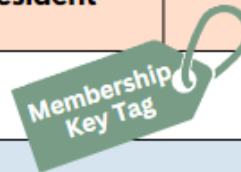
Age of Use Policy: Our facility is not a daycare or healthcare facility. Youth under 12 years of age must be attending a scheduled activity under the direct supervision of a caregiver. Adult participants must be independent or with a caregiver.

Resident versus non-Resident rate is determined by physical address. A City of Waupun address is required for resident rates.

Gift Certificates Available

MEMBERSHIP

Standard Annual Membership Includes: All scheduled activities with the exception of fitness		Standard + Fitness Annual Membership Includes: Fitness Center Use, Gym Activities & Fitness Classes	
Resident	\$60	Resident Individual	\$120
Non-Resident	\$80	Resident 2-Person Household	\$180
Day-Pass		Family	\$225
		Non-Resident Individual	\$140
Day-Pass Resident	\$3	Non-Resident 2-Person Household	\$200
Day-Pass Non-Resident	\$5	Non-Resident Family	\$245



**WAUPUN RECREATION
DEPARTMENT**

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FACEBOOK**



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RIDE?**

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WAUPUN TAXI

920-324-2426

www.browncab.net



CITIZENS ACADEMY

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The Waupun Police & Fire Department is giving us our own mini version of what it is like to be a police officer, firefighter, paramedic, and emergency medical technician! This fun, learning opportunity is for everyone. There are no tests or quizzes. Questions are encouraged. New information, demonstrations and topics will be presented. You have the choice to attend one class or all of them!

When: Tuesdays at 1pm at the Waupun Community Center

- Tuesday, February 3 — School Safety & Police Liaison Officer
- Tuesday, February 10—Investigations
- Tuesday, February 17—EMS & Fall Prevention
- Tuesday, February 24—Fire Department with the Mayor
- Tuesday, March 3 — Drone Program

Registration is required. Sign up at the welcome desk or call (920) 324-7930.



PRESENTATIONS

TRAVEL TIME SHOW WITH BARB

Barb Schumacher is looking forward to share our 2026 tours on Tuesday, February 10 at 1pm in the Waupun Community Center dining room. A survey of our travelers showed interest in day trips to Wisconsin Dells, Lake Geneva, Madison, Racine and the Sheboygan and a Mystery Tour. Although we can't do them all in one year, please continue to share your suggestions.

Here's a look at a few of the trips planned. Bring your checkbooks to sign up for these fun trips! Each trip must have a minimum of 25 travelers except April 8.

- **April 8 Racine** – Racine Art Museum annual "Peeps Contest, lunch at Reef Point Brewery, Windpoint Lighthouse and a surprise stop. This tour is shared with Hart Park Senior Center in Wauwatosa so we will make a pick up in Milwaukee.
- **May 27 Sheboygan/Kohler** – Bookworm Gardens, lunch at American Club Horse and Plow, Kohler Design Center and Waelderhaus.
- **July 9 Baraboo** – Lavender Fields and the Crane Foundation with lunch included
- **August 6** - Brewer Game at Am Family field against the Pittsburgh Pirates

Trips still to be confirmed: Mystery Tour (September), Clausen Family Music/Dinner Show Rock n Roll Legends, (October 9), Kohler Christmas Market, (November 20), Christmas in the Dells at Legacy Theatre (December). These trips are subject to change.

Interested in longer trips? September 22 – September 28 explore the Southwest Parks Airfare roundtrip Milwaukee to Las Vegas, seven nights hotels, most meals, parks admissions and more. See Zion, Bryce, Arches, Moab and Grand Canyon. Also, ask me about availability on the April 17 - 21 Virginia Garden tour and the New England tour June 1 - June 9.

When: Tuesday, February 10 at 1pm



MAYOR VISIT

Meet and/or catch up with Mayor Rohn Bishop. He will give the audience a news on city happenings, make announcements and answer questions from attendees. Join us at the Community Center to get your monthly update.

When: Tuesday, February 24 at 1pm (with Citizens Academy)

WAUPUN AREA SCHOOL DISTRICT LISTENING SESSION

Community members are invited to meet Steven Hill, WASD District Administrator, to learn about the school district.

When: Tuesday, February 10 at 1:30pm

FITNESS CENTER ORIENTATION

Join Thorne Wittstruck, Exercise Physiologist from SSM Waupun Memorial Hospital, to learn how to use the exercise equipment in the Community Center Fitness Center. He will also be available to answer any questions on developing an exercise program and provide exercise tips.

When: Wednesday, February 25 from 3:00pm—4:00pm

SCHOOLS DAY OUT

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Calling all kids and caregivers! Join us for kids brought to you by the Waupun Recreation Department, REACH Waupun, Waupun Food Pantry, Waupun Public Library and student volunteers from the Waupun Area School District.

When: Monday, February 16

- 11:30am—12:30pm: Crafts, board games, video games, air hockey at REACH
- 11:30am—Bag Lunch at REACH
- Noon—Tag Games & Relay Races at Community Center Gym
- 12:30pm—Kickball at Community Center Gym
- 1pm—Movie at Library
- 1pm—7pm Open Gym at Community Center (\$3 resident/ \$5 non-resident)



Community Center Age of Use Policy: Youth under 12 years of age must be attending a scheduled activity under the direct supervision of a caregiver.

Sign up at the Waupun Recreation Department office, call (920) 324-7930, or email parks@cityofwaupunwi.gov.



ACTIVITIES

BINGO

Friday, February 6 at 2pm—Buddy Bingo: 1st grade students from Meadow View Primary will be joining us. Come play bingo as a team. If one person on the team wins bingo, both win!

Friday, February 13 at 1pm—Sponsored by SIA Insurance Services

Friday, February 20 at 1pm—AT Prairie Ridge

Friday, February 27 at 2pm—Buddy Bingo—With a different MVP 1st grade class.

DIAMOND ART—HEART KEYCHAIN

Learn or continue your diamond art skills. Register at the welcome desk or call (920) 324-7930.

When: Thursday, February 5 at 1pm

CRAFT CLUB: PINE CONE BIRDFEEDERS

Join us to make a birdfeeder using a pinecone, peanut butter and birdseed. Sign up at the welcome desk or by calling (920) 324-7930. **When:** Wednesday, February 11 at 1pm

KNIT-WITS

This is a social knitting group. Join us! Bring your own yarn and knitting needles

When: Wednesdays at 1:00pm

SECOND THURSDAY MEET & GREET

Please join us for conversation, fun and Pizza Ranch pizza at the Waupun Community Center!

Sign up at the welcome desk or by calling (920) 324-7930.

When: Thursday, February 12 at 11:30am **AND** 6pm

LINE DANCING

Join us for a fun time line dancing or just moving to the music. **When:** Tuesdays at 2pm

MOVIE: STAND IN THE GAP

Directed and written by Steven Zambo from Salty Earth Pictures located in Fort Atkinson, WI.

“August Star is an actor who reluctantly returns to his hometown of Owl's Point to film a Christmas special. While there he uncovers pieces to a long unsolved family puzzle.” This is a sequel to last month's movie, *The Author, the Star, and the Keeper*.

When: Tuesday, February 17 at 2:30pm

SING-ALONG

Sing or play your instrument with member of the Waupun Community Center. Lyrics provided.

When: Friday, February 20 at 1pm

BOOK CLUB

Lessons in Chemistry by Bonnie Garmus, 390 pages. “Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing. But it's the early 1960s and her all-male team at Hastings Research Institute take a very unscientific view of equality. Forced to resign, she reluctantly signs on as the host of a cooking show. But her revolutionary approach to cooking, fueled by scientific and rational commentary, grabs the attention of a nation. And soon a legion of overlooked housewives find themselves daring to change the status quo. One molecule at a time.” **Discussion:** Friday, February 27 at 9am

CARDS & GAMES

EUCHRE

\$1 to play! Every Monday at 1:00pm.

BILLIARDS

We have two pool tables and plenty of billiards equipment to shoot pool anytime the building is open.

MONDAY MARBLES

Marbles or also known as The Aggravation Game is played with 2-6 players. Marbles and playing cards are used to play. Don't know how to play? We will teach you! Every Monday at 9:00am.

MONDAY GOLF CARDS

Golf is a card game where players try to earn the lowest number of points over the course of nine deals. Please join us on Mondays at 1:00pm.

WEDNESDAY LCR

Come play Left, Center, Right with us! Bring some nickels to play this easy to learn, fast-paced dice game. Wednesdays at 12:30pm.

TUESDAY HAND & FOOT CARDS

Hand & Foot is a card game related to Canasta. Rules are provided and we will teach you how to play. It's fun! We play on Tuesdays at 9:00am.

CRIBBAGE

Looking for cribbage players! Come play at the Community Center with us on Tuesdays at 12:30pm.

BLACK QUEENS SHEEPSHEAD

\$1 to play on Wednesdays and Thursdays at 1:00pm.

WEDNESDAY DICE

Do you like to shake dice? Keep your points or gamble them away! First person to get to 10,000 points wins. Wednesdays at 9:00am.

THURSDAY DOMINOES

Let's play some real dominoes on Thursdays at 9:00am.

BEAN BAG TOSS

Join us to play bean bag toss in the gym at 12:30pm on Thursdays.

FRIDAY SE7ENS

Game style of play is very similar to Canasta and Hand & Foot. The name comes from the fact that one of the required books must be made up entirely of sevens, which can be challenging. We play on Fridays at 9:00am.

PING PONG TUESDAYS

We have the tables and equipment. Join us on Tuesdays at 1:00pm

FITNESS

FITNESS CENTER

The Waupun Community Center has new fitness machines, treadmills, steppers, and bikes. It also has handheld weights, resistance bands, and exercise balls. The fitness center is open during building hours. Fitness Center orientation is on Wednesday, February 25 from 3-4pm.

YOGA

Chair support is offered for all standing and seated yoga poses. This class focuses on stretching your whole body by focusing on specific muscles and muscle groups. Please wear tennis shoes.

When: Mondays & Thursdays at 9am & 10:30am

TUESDAY TONE

Tuesday Tone is a combination of yoga and aerobics. The movements taught in class focus on specific exercises to improve leg strength. A chair is used for balance and support.

When: Tuesdays at 10:30am

AEROBICS

Move to the music using hand-held weights, an elastic band, and a small ball. A chair is used for seated exercises and standing support. Equipment provided.

When: Wednesdays & Fridays at 10:30am

INDOOR WALKING

Stay warm! Come walk inside our building. 17 laps in the gym or 10 laps in the building or 24 laps in the hallways = 1 mile. Walking can be done anytime the building is open.

GYMNASIUM SCHEDULE

We have pickleball, basketball, badminton, and volleyball equipment to use. For open gym/court reservations, please call 920-324-7930. Open gym is first come, first served. On high volume days there may be some limits to open gym availability.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
8am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Open Gym
9am	Pickleball Intermediate	Pickleball Intermediate	Pickleball Intermediate	Pickleball Intermediate	Pickleball Intermediate	Open Gym Pickleball
11am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Open Gym
1pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
2pm	Open Gym	Line Dancing	Learn to Play Pickleball	Open Gym	Open Gym	
3-7pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	

FOOD PANTRY

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The Waupun Food Pantry serves families and individuals who reside in the Waupun Area by providing food and other essentials. For food pantry eligibility, individuals must live in Waupun and fill out a income based form. Donations are accepted during open hours.

- Mondays—Thursdays from 9:30am—3pm
- Clothing Area is open Tuesdays from 9am—3pm
- Bible study is on Wednesdays from 2pm—3pm
- Community Table Friday Meal: 11am—12:30pm with Bingo 10am—11am

Contact Information: (920) 324-4000, waupunfoodpantry@gmail.com

Location: 520 McKinley Street, Suite B (Southeast side of Community Center)

REACH

REACH strives to bring about positive, lasting change in the lives of Waupun area youth.

REACH commits to improving the physical, social, emotional, and economic health and well-being of Waupun area youth through building relationships and providing opportunities. The Mentors and Mentees are able to use the Community Center at whatever time works best for them.

Contact Information: (920) 325-2011, info@reachwaupun.org

Location: 520 McKinley Street, Suite C (Northeast side of Community Center)

FEBRUARY ACTIVITY CALENDAR

Open Saturdays: 8am—Noon

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	3 9am Pool League 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:30pm Cribbage 1pm Ping Pong 1pm Citizens Academy 2pm Line Dancing	4 9am Dice 10:30am Aerobics 11:30am Lunch 12:30pm LCR Game 1pm Sheepshead 1pm Knit-Wits	5 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga 12:30pm Bean Bag 1pm Sheepshead 1pm Diamond Art	6 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table 2pm Buddy Bingo
9 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	10 9am Pool League 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:30pm Cribbage 1pm Ping Pong 1pm Citizens Academy 1pm Travel Show 1:30pm WASD Talk 2pm Line Dancing	11 9am Dice 10:30am Aerobics 11:30am Lunch 12:30pm LCR Game 1pm Sheepshead 1pm Knit-Wits 1pm Craft Club	12 9am Dominoes 9am Yoga 10:30am Yoga 11:30am Meet & Greet 12:30pm Bean Bag 1pm Sheepshead 6pm Meet & Greet	13 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table 1pm SIA Bingo
16 <i>Schools Day Out</i> 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	17 <i>Mardi Gras Party</i> 9am Pool League 9am Hand & Foot Cards 11:30am Lunch 12:30pm Cribbage 1pm Ping Pong 1pm Citizens Academy 2pm Line Dancing 2:30pm Movie	18 9am Dice 10:30am Aerobics 11:30am Lunch 12:30pm LCR Game 12:30pm Eyeglasses 1pm Sheepshead 1pm Knit-Wits	19 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga 12:30pm Bean Bag 1pm Sheepshead	20 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table 1pm Sing-Along 1pm Bingo at Prairie Ridge
23 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	24 9am Pool League 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:30pm Cribbage 1pm Ping Pong 1pm Citizens Academy 1pm Mayor Visit 2pm Line Dancing	25 9am Dice 10:30am Aerobics 11:30am Lunch Noon ADRC Office Hours 12:30pm LCR Game 1pm Sheepshead 1pm Knit-Wits 3pm Fitness Orientation	26 9am Dominoes 9am Dementia Specialist 9am Yoga 10:30am Yoga 12:30pm Bean Bag 1pm Sheepshead	27 9am Se7ens 9am Book Club 10:30am Aerobics 11am-12:30pm Community Table 2pm Buddy Bingo

SCHEDULE IS SUBJECT TO CHANGES. PLEASE CALL 324-7930 TO VERIFY.
 GYMNASIUM SCHEDULE IS ON PAGE 8.

FEBRUARY LUNCH MENU

The Waupun senior dining lunch is brought to us by the elderly nutrition program of ADRC of Fond du Lac County with the goal of providing one hot, nutritious meal containing 1/3 of daily dietary needs. All meals served with 2% milk. Menu is subject to change without notice. Now serving cafeteria style!

When: Indoor dining at 11:30am, Monday—Wednesday, \$5.00 suggested contribution

When: Mobile meals delivered between 9:30am and 11:30am, Monday—Friday, \$5.00 suggested contribution

Eligibility: Available to all persons age 60 years of age or older or a spouse (under age 60) who is eating with their spouse who is age 60 or older. No person shall be excluded from participation in, be denied benefits of, or be subjected to discrimination on the grounds of race, color, creed, sex, national origin or their ability to pay. Actual of meal is \$11.47.

Registration: Must register in advance, but no later than one business day prior by noon by calling 324-7930.

Cancellations: If you must cancel, please call 324-7930 as soon as possible.

Mobile Meals: To see if you or someone you know are eligible call 920-929-3466 (Fdl County residents only). City of Waupun Dodge County residents, call 920-324-6509. Dodge County rural residents, call 920-386-3580.

Senior Dining




Fellowship, Food & Fun



Feil's Catering

Your Senior Dining Provider

Menus & Nutritional Analysis
at (920) 326-6050

MONDAY	TUESDAY	WEDNESDAY	THURSDAY Mobile Meals Only	FRIDAY Mobile Meals Only
2 Orange Chicken Breast Sweet Potato Bake Broccoli Cuts Pineapple Tidbits White Brownies Bread	3 Pepper Steak Baked Potato Vegetable Apple Cookie Roll	4 Breaded Fish Fillet Baked Beans Vegetable Tropical Fruit Salad Cake Bread	5 Meatloaf Baby Red Potatoes Cole Slaw Pear Slices Birthday Cake Roll	6 Pork Steak Mashed Potatoes Pickled Beets Petite Banana Pudding Bread
9 Roast Turkey Mashed Potatoes Copper Penny Salad Applesauce Cookie Bread	10 Chicken Cacciatore Baked Potato California Blend Veg. Fruited Gelatin Chocolate Raspberry Torte Roll	11 Country Fried Steak Mashed Potatoes Peas and Onions Peach Slices Cinnamon Roll Bread	12 Lasagna Casserole Spinach Salad Fruit Orange Sherbet Cup French Bread	13 Honey Must. Meatballs Baked Beans Health Slaw Petite Banana White Brownie Bread
16 Ham Roll Sweet Potato Bake Peas and Cheese Salad Fruit Raspberry Sherbet Cup Bread	17 Bratwurst on a Bun Calico Bean Casserole Red Cabbage Tropical Fruit Cookie 	18 Crab Creole over Brown Rice Cole Slaw Orange Cake Bread	19 Scalloped Potatoes Ham Casserole Broccoli Cuts Fruited Gelatin Chocolate Raspberry Torte Roll	20 Mushroom Pork Cutlet Mashed Potatoes Vegetable Honeydew Melon Pudding Bread
23 Baked Chicken Baked Beans Three Bean Salad Apricot Halves Cake Bread	24 Pork Steak Sweet Potato Bake Vegetable Applesauce Cinnamon Roll Roll	25 Pot Roast Mashed Potatoes Vegetable Fruit Cookie Bread	26 Chicken Tetrzzini Spinach Salad Vegetable Pineapple Tidbits Chocolate Sundae Cup Roll	27 Pork Jaegerschnitzel Mashed Potatoes Red Cabbage Petite Banana White Brownie Sliced Bread

FRIDAY COMMUNITY TABLE MEAL 11:00AM—12:30PM. A great, social meal at no cost served by organizations, businesses and volunteers in our community! All ages are welcome! Dine in or carryout. Menu changes weekly. Join us in the Waupun Community Center Dining Room!

SERVICES

FOOT CARE CLINIC

Professional foot care services include: a thorough lower leg and foot assessment, toenail trimming, reducing of calluses and/or corns, thinning or debridement of thick toenails by Keren from Lotus Foot Care, LLC. Please bring a bath towel to your appointment.

Fee: \$40 and 30 minute appointment or until foot care is complete

When: Thursday, February 5

Thursday, February 19

Call 324-7930 to schedule your appointment. Appointments can be made months in advance.

EYEGLOSS ADJUSTMENTS

Teresa Ruch from Rock River Eyewear will be at the Community Center to do any eyeglass or sunglass cleaning, adjusting, replacement of screws, and nose pads.

When: Wednesday, February 18 at 12:30pm—1:00pm



DEMENTIA CARE SPECIALIST OFFICE HOURS

Join Alyssa Sommerfeldt, Fond du Lac County Dementia Care Specialist, to talk about dementia. Alyssa is available to perform memory screens, provide support and dementia related resources for those living with the disease and their caregivers, or available to just chat.

When: Thursday, February 26 from 9am—Noon

FOND DU LAC COUNTY ADRC OFFICE HOURS

Come learn or ask questions about what the ADRC of Fond du Lac County has to offer.

When: Wednesday, February 25 from Noon—2pm

MEDICAL SUPPLIES & EQUIPMENT

Medical supplies and equipment donations (no medication) can be brought to the Waupun Recreation Department. If you are in need of a wheelchair, walker, cane, support equipment or other supplies, please ask a Recreation Department staff member. We do keep some supplies and equipment on hand to borrow or keep for free. Our partner, Church Health Services, Inc., will pick up medical supplies and equipment to use with their clients. To learn more about what Church Health Services, Inc. does or to see if you are eligible for services, please call them at (920) 887-1766 or email info@churchclinic.org.



SERVE WAUPUN REQUESTS

This group of volunteers look for ways to help people with needs in our community. If you know of someone with a need or who could use a group of individuals with some tools and handyman skills, please email mvb2serve@gmail.com or contact Rachel Kaminski at 920-324-7930.

WELCOME DESK VOLUNTEERS

Greet members/guests, answer the phone, take messages, answer questions about information in the newsletter, assist with member/guest sign in, give tours of the building, and odd (easy) jobs. It is fun! In search of welcome desk volunteers for Monday afternoon, Tuesday afternoon, Thursday morning and Friday afternoon. Also looking for substitutes. Please talk to Rachel if you are interested in volunteering. We would love it and appreciate it!