

WAUPUN



JUNE 2025

WAUPUN
CITY OF SCULPTURE

RECREATION DEPARTMENT NEWSLETTER

Inspiring Wellness | Enriching Lives | Building Community

WAUPUN RECREATION DEPARTMENT

PARK PROGRAM

SUMMER 2025

JUNE 2 - AUGUST 8
MONDAY - FRIDAY
9AM - NOON & 1PM - 4PM

DODGE PARK

PINE ST PARK

WILCOX PARK

SPECIAL EVENTS



WAUPUN
CITY OF SCULPTURE



SCAN HERE!

WHAT'S INSIDE:

- Aquatic Center Info
- Billiards
- Bingo
- Book Club
- Card Games
- Crafts
- Dementia Friendly
- Fitness Center
- Foot Care
- Mayor Visit
- Meals
- Meet & Greet
- Membership
- Pickleball
- Presentations
- Open Gym
- SPARK!
- Taxi Information
- Volleyball
- Yoga

Address: 520 McKinley Street Suite A, Waupun, WI 53963

Phone: (920) 324-7930

Hours: Monday—Friday, 6:00am—7:00pm

Email: parcs@cityofwaupunwi.gov

Website: <https://www.cityofwaupunwi.gov/>



MEMBERSHIP

Waupun Community Center **participation requires a membership or day pass fee** to provide, maintain, and expand our services and programs. Stop on in for a tour!

Standard Membership grants access to participate in basic programs and services.


Standard + Fitness Membership grants access to everything a Standard Membership does, plus the ability to join our instructor-lead fitness classes and access to fitness center and gymnasium.

Additional fees may apply for certain programs offered by contracted instructors, practitioners, or for travel programs. Program offerings requiring specialized instruction, or the use of equipment or special supplies will be fee-based to support program delivery.

Age of Use Policy. Our facility is not a daycare or healthcare facility. Youth under 12 years of age must be attending a scheduled activity under the direct supervision of a caregiver. Adult participants must be independent or with a caregiver.

Resident versus non-Resident rate is determined by physical address. A City of Waupun address is required for resident rates.

Gift Certificates Available

MEMBERSHIP			
Standard Annual Membership Includes: All scheduled activities with the exception of fitness		Standard + Fitness Annual Membership Includes: Fitness Center Use, Gym Activities & Fitness Classes	
Resident	\$60	Resident Individual	\$120
Non-Resident	\$80	Resident 2-Person Household	\$180
 Day-Pass		Family	\$225
		Non-Resident Individual	\$140
Day-Pass Resident	\$3	Non-Resident 2-Person Household	\$200
Day-Pass Non-Resident	\$5	Non-Resident Family	\$245



NEED A RIDE?

SAFE & RELIABLE TAXI SERVICE

WAUPUN TAXI

920-324-2426

www.browncab.net




BINGO

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Our jumbo, shutter slide bingo cards were donated by the Waupun Lions Club.
Community Table BINGO is on Fridays at 10am.

Friday, June 13 at 1:00pm

SIA is proud to sponsor 2nd Friday Bingo for the Waupun Recreation Department! Jordan Sterk, Kate Burk and Kyle Heuver are excited to be joining you this year as your bingo callers. Can't wait to see you on the 2nd Friday of every month at 1:00pm.



999 W. Main Street, Waupun
www.SIAInsurance.com
(920) 324-2071



Friday, June 20 at 1:00pm—AT Prairie Ridge

We are invited to play bingo at Prairie Ridge Assisted Living! Let's visit our friends at Prairie Ridge to play bingo their way at their place! Prairie Ridge Assisted Living is located at 819 Wilcox Street in Waupun.



Sunday, June 29 at 12:30pm—AT Celebrate Waupun in Tanner Park

ACTIVITIES

SECOND THURSDAY MEET & GREET

This is something new and exciting! We have met so many new people as we settle into our new building. Let's get to know each other a little better! Please join us for conversation, fun and pizza at the Waupun Community Center!

When: Thursday, June 12 at 11:30am



FITNESS CENTER ORIENTATION

Please join Thorne Wittstruck, Exercise Physiologist from SSM Waupun Memorial Hospital, on the 4th Wednesday of each month to teach community members how to use the exercise equipment in the Community Center Fitness Center. He will also be available to answer any questions on developing an exercise program and provide exercise tips.

When: Wednesday, June 25 from 3:00pm—4:00pm

SPARK!

SPARK! Is a creative engagement program for people with early to mid-stage memory loss and their care partners. Programs provide experiences that stimulate conversations, provide peer support and inspire creativity through creative engagement, workshops and programs. SPARK! Programs are free for families to attend. To register for SPARK!, please call 920-386-3580.

When: Thursday, June 5 from 4—5pm

Where: Imagine That! Art Studio located at 409 E. Main Street, Waupun



CRAFT CLUB: TIE-DYE IN THE PARK

Join us for a fun activity at Wilcox Park! Bring an article of white, cotton, prewashed clothing and join us for some tie-dyeing! Sign up at the welcome desk or call (920) 324-7930.

When: Tuesday, June 17 at 11am at Wilcox Park

PUZZLES & BOOKS

We have puzzles and books available to take home. These items are located in the sitting room. We also have a table to work on a puzzle when you visit.

LET'S TALK ABOUT ADVOCACY

Become educated on information on the State of Wisconsin Board on Aging and Long-Term Care. This includes Regional Ombudsman Program, Medigap, and Volunteer Ombudsman Program in residential care communities. Sign up at the welcome desk or call (920) 324-7930.

Presenters: Sheryl Meyer, Volunteer Coordinator & Riley Conn, Regional Ombudsman

When: Tuesday, June 24 at 11:30am



WELCOME DESK VOLUNTEERS

Welcome desk volunteer opportunities are open. If interested, please contact Rachel Kaminski at (920) 324-7930.

PRESENTATIONS

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DEMENTIA FRIENDLY

This is a fantastic opportunity for individuals and businesses to become dementia friendly! Learn the benefits and find out why it is important to be dementia friendly and see how you can help your community. This presentation will give insight into life with dementia and caregiver support. Sign up at the welcome desk or call (920) 324-7930

When: Tuesday, June 3 at Noon



WOUND CARE OF WISCONSIN

Wound Care of Wisconsin Wound Care of Wisconsin specializes in treating a wide range of chronic wounds that haven't responded to traditional therapies. Equipped with an exceptional wound care team, we deliver the same level of care you would traditionally expect from a hospital based center, all within the convenience of our office-based location or in your own home.

When: Tuesday, June 10 at 1pm

CARDS & GAMES

BILLIARDS

We have two pool tables and plenty of billiards equipment to shoot pool anytime the building is open.

MONDAY EUCHRE

Let's play some cards! \$1 to play! Every Monday at 1:00pm.

MONDAY MARBLES

Marbles or also known as The Aggravation Game is played with 2-6 players. Marbles and playing cards are used to play. Don't know how to play? We will teach you! Every Monday at 9:00am.

MONDAY GOLF CARDS

Golf is a card game where players try to earn the lowest number of points over the course of nine deals. Please join us on Mondays at 1:00pm.

TUESDAY HAND & FOOT CARDS

Hand & Foot is a card game related to Canasta. Rules are provided and we will teach you how to play. It's fun! We play on Tuesdays at 9:00am.

WEDNESDAY & THURSDAY BLACK QUEENS SHEEPSHEAD

Same game and two opportunities to play! Join us! \$1 to play on Wednesdays and Thursdays at 1:00pm.

WEDNESDAY DICE

Do you like to shake dice? Keep your points or gamble them away! First person to get to 10,000 points wins. Wednesdays at 9:00am.

THURSDAY DOMINOES

This is not the set up and knock down dominoes. Let's play some real dominoes on Thursdays at 9:00am.

FRIDAY SE7ENS

Game style of play is very similar to Canasta and Hand & Foot. The name comes from the fact that one of the required books must be made up entirely of sevens, which can be challenging. We play on Fridays at 9:00am.

PING PONG TUESDAYS

Come play ping pong on Tuesday afternoons. Equipment and table will be ready. Join us on Tuesdays at 1:00pm

WEDNESDAY UNO

UNO! UNO is a multi-player card game in which the objective is to be the first player to get rid of all the cards in their hand.

When: Wednesdays at Noon

THURSDAY BOARD GAMES

Each week we will play a different game. We have Monopoly, Sequence, Rummikub and more!

When: Thursdays at Noon

ACTIVITIES

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MAYOR VISIT

Meet and/or catch up with Mayor Rohn Bishop. He will give the audience an update on city happenings, make announcements and answer questions from attendees. Join us at the Community Center to get your monthly update.

When: Tuesday, June 24 at 1pm

JUNE BOOK CLUB

The Day the World Came to Town: 9/11 in Gander, Newfoundland by Jim DeFede, 256 pages. "When 38 jetliners bound for the United States were forced to land at Gander International Airport in Canada by the closing of U.S. airspace on September 11, the population of this small town on Newfoundland Island swelled from 10,300 to nearly 17,000. The citizens of Gander met the stranded passengers with an overwhelming display of friendship and goodwill." Source: goodreads.com. Pick up your copy after June 1 at the Recreation Department office.

Optional Discussion: Friday, June 27 at 9am

ESTATE PLANNING 101 & TRUST SERVICES

Join us for a refresher course about basic estate planning documents and the practical administration and handling of various matters while utilizing them. Presented by Daniel Vande Zande, Attorney from Vande Zande & Kaufman, LLP and Chris Berens, VP, Trust Officer from Horicon Bank Trust Services. Sign up by calling 888-343-3040.

When: Thursday, June 26

5—5:30pm Registration & Light Refreshments, 5:30—7:30pm Presentation & Discussion

OPEN VOLLEYBALL

Join us on Thursdays at 2pm to close for volleyball! We will have the volleyball net set up and volleyballs ready.

KNIT-WITS

This is a social knitting group that works on personal projects while chit chatting. New members are always welcome. We will help with projects, teach knitting or crocheting, how to read patterns etc., but we are not instructors. Bring your own yarn and knitting needles and join us!

When: Wednesdays at 1:00pm

INDOOR BEAN BAG TOSS

Join us to play bean bag toss in the gymnasium at 12:30pm on Thursdays.



PICKLEBALL

Join us to play or learn how to play pickleball at the Waupun Community Center! You can find our gymnasium schedule on page 8 of this newsletter. We have times scheduled for open play and lessons. We also have the equipment needed for you to play. Want to reserve a court?

Please sign up at Waupun Recreation Department office, call (920) 324-7930, or email parks@cityofwaupunwi.gov

FITNESS

FITNESS CENTER

The Waupun Community Center has new fitness machines, treadmills, steppers, and bikes. It also has handheld weights, resistance bands, and exercise balls. The fitness center is open during building hours.

YOGA

Chair support is offered for all standing and seated yoga poses. This class focuses on stretching your whole body by focusing on specific muscles and muscle groups. Please wear tennis shoes.

When: Mondays & Thursdays at 9am & 10:30am

TUESDAY TONE

Tuesday Tone is a combination of yoga and aerobics. The movements taught in class focus on specific exercises to improve leg strength. A chair is used for balance and support.

When: Tuesdays at 10:30am

AEROBICS

Move to the music using hand-held weights, an elastic band, and a small ball. A chair is used for seated exercises and standing support. Equipment provided.

When: Wednesdays & Fridays at 10:30am

INDOOR WALKING

Come walk inside our gym or through our hallways.

17 laps in the gym = 1 mile and 10 laps in the building = 1 mile

GYMNASIUM SCHEDULE

We have pickleball, basketball, and volleyball equipment to use. For open gym/court reservations, please call 920-324-7930.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
8am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner
9am	Pickleball Intermediate/ Advanced	Pickleball Intermediate/ Advanced	Pickleball Intermediate/ Advanced	Pickleball Intermediate/ Advanced	Pickleball Intermediate/ Advanced
11am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner
1pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
2pm	Learn to Play Pickleball	Open Gym	Learn to Play Pickleball	Volleyball	Learn to Play Pickleball
3pm-7pm	Open Gym	Open Gym	Open Gym	Volleyball	Open Gym

SERVICES

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FOOT CARE CLINIC

Professional foot care services include: a thorough lower leg and foot assessment, toenail trimming, reducing of calluses and/or corns, thinning or debridement of thick toenails by Keren from Lotus Foot Care, LLC. Please bring a bath towel to your appointment.

Fee: \$35/30 minute appointment or until foot care is complete. \$40 new patients.

When: Thursday, June 5 Thursday, June 19

Appointments begin at 8:30am. Last appointment is at 4:00pm. Call 324-7930 to schedule your appointment. Appointments can be made months in advance.

EYEGLOSS ADJUSTMENTS

Teresa Ruch from Rock River Eyewear will be at the Waupun Recreation Department to do any eyeglass or sunglass adjusting, replacement of screws, or nose pads. Cleaning supplies available.

When: Wednesday, June 18 at 12:30pm—1:00pm

DEMENTIA CARE SPECIALIST OFFICE HOURS

Join Alyssa Sommerfeldt, Fond du Lac County Dementia Care Specialist, to talk about dementia. Alyssa is available to perform memory screens, provide support and dementia related resources for those living with the disease and their caregivers, or available to just chat.

When: Thursday, June 26 from 9:00am-Noon

JUNE ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards Park Program Starts	3 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch Noon Dementia Friendly 1:00pm Ping Pong	4 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits	5 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga Noon Board Games 12:30pm Bean Bags 1pm Sheepshead 4pm SPARK!	6 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal <u>SATURDAY, JUNE 7</u> Aquatic Center Opens
9 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	10 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 1pm Wound Care 1:00pm Ping Pong	11 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits	12 9am Dominoes 9am Yoga 10:30am Yoga 11:30am Meet & Greet Noon Board Games 12:30pm Bean Bags 1pm Sheepshead	13 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal 1pm SIA Bingo
16 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	17 9am Hand & Foot Cards 10:30am Tone 11am Craft Club 11:30am Lunch 1:00pm Ping Pong	18 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 12:30pm Eyeglasses 1pm Sheepshead 1pm Knit-Wits	19 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga Noon Board Games 12:30 Bean Bags 1pm Sheepshead	20 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal 1pm Bingo at Prairie Ridge
23 9am Marbles 9am Yoga 10:30am Yoga 1pm Euchre 1pm Golf Cards	24 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 11:30am Advocacy 1pm Ping Pong 1pm Mayor Visit	25 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits 3pm Fitness Center Orientation	26 9am Dominoes 9am Dementia Care Specialist 9am Yoga 10:30am Yoga Noon Board Games 12:30pm Bean Bags 1pm Sheepshead 5pm Estate Planning	27 9am Se7ens 9am Book Club 10:30am Aerobics <u>SUNDAY, JUNE 29</u> 12:30pm Celebrate Waupun Bingo at Tanner Park
30 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards				

SCHEDULE IS SUBJECT TO CHANGES. PLEASE CALL 324-7930 TO VERIFY.
GYMNASIUM SCHEDULE IS ON PAGE 8.

JUNE LUNCH MENU

The Waupun senior dining lunch is brought to us by the elderly nutrition program of ADRC of Fond du Lac County with the goal of providing one hot, nutritious meal containing 1/3 of daily dietary needs. All meals served with 2% milk. Menu is subject to change without notice. Now serving cafeteria style!

When: Indoor dining at 11:30am, Monday—Wednesday, \$5.00 suggested contribution



When: Mobile meals delivered between 9:30am and 11:30am, Monday—Friday, \$5.00 suggested contribution

Eligibility: Available to all persons age 60 years of age or older or a spouse (under age 60) who is eating with their spouse who is age 60 or older. No person shall be excluded from participation in, be denied benefits of, or be subjected to discrimination on the grounds of race, color, creed, sex, national origin or their ability to pay. Persons under age 60, cost of meal is \$11.47.

Registration: Participants must register in advance, but no later than one business day prior by noon by calling 324-7930.

Cancellations: If you must cancel, please call 324-7930 as soon as possible.

Mobile Meals: To see if you or someone you know are eligible call 920-929-3466 (FdL County residents only). City of Waupun Dodge County residents, call 920-324-6509. Dodge County rural residents, call 920-386-3580.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY Mobile Meals Only	FRIDAY Mobile Meals Only
2 Swiss Steak Mashed Potatoes Vegetable Fruit Salad Dessert, Bread	3 Orange Chicken Baked Potato Vegetable Fruit Dessert, Roll	4 Meatloaf Garlic Mashed Potatoes Vegetables Fruit Dessert, Bread	5 BBQ Pork Cutlet Baked Beans Vegetable Fruit Dessert, Roll	6 Swedish Meatballs Mashed Potatoes Spinach Salad Fruit Dessert, Bread
9 Beef Stroganoff Casserole Cole Slaw Fruited Gelatin Dessert, Bread	10 Ham Roll Sweet Potato Bake Three Bean Salad Fruit Dessert, Roll	11 Smoked Sausage Baked Beans Vegetable Fruit Dessert, Bread	12 Salisbury Steak Mashed Potatoes Peas/Cheese Salad Fruit Dessert, Roll	13 Chicken Cacciatore Baby Red Potatoes Vegetable Fruit Dessert, Bread
16 Baked Chicken Garlic Mashed Potato Three Bean Salad Fruit Dessert, Bread	17 Beef Stew Health Slaw Vegetable Fruit Dessert, Roll	18 Pork Steak Baked Potato Vegetable Fruited Gelatin Dessert, Bread	19 Liver & Onions Mashed Potatoes Vegetable Fruit Dessert, Roll	20 Lasagna Casserole Spinach Salad w. Creamy Italian Fruit Dessert, Bread
23 Hawaiian Meatballs Calico Bean Casserole Vegetable Fruit Dessert, Bread	24 Roast Pork Loin Mashed Potatoes Vegetable Fruit Dessert, Roll	25 Pepper Steak Baby Red Potatoes Vegetable Fruit Dessert, Bread	26 Chicken Teriyaki Sweet Potato Bake Vegetable Fruit Dessert, Roll	27 Breaded Fish Fillet German Potato Salad Health Slaw Fruit Dessert, Bread
30 Roast Turkey Mashed Potatoes Vegetable Fruit Dessert, Bread			 <i>Feil's Catering</i> Your Senior Dining Provider Menus & Nutritional Analysis at (920) 326-6050	Senior Dining  Fellowship, Food & Fun

FRIDAY COMMUNITY TABLE MEAL 11:00AM—12:30PM. A great, social meal at no cost served by organizations, businesses and volunteers in our community! All ages are welcome! Dine in or carryout. Menu changes weekly. Join us in the Waupun Community Center Dining Room!

AQUATIC CENTER

The YMCA of Dodge County in collaboration with the City of Waupun, will be providing lifeguard management and staff at the Waupun Family Aquatic Center. Any questions regarding operational hours or activities can be directed to the YMCA of Dodge County Aquatics Director at (920)887-8811.

HOURS OF OPERATION

JUNE 7 – AUGUST 24

Open Swim

Monday – Friday 1:00 PM – 6:00 PM

June 9–13 the Pool will close at 5:00 PM for lessons

Saturday & Sunday 12:00 PM – 7:00 PM

Pool hours are subject to change based on weather/attendance.

Note: 3:30–3:45 PM all pool break; everyday.

SPECIAL EVENTS

FATHER'S DAY

JUNE 15

Dad's get in for \$1.00 all day long!

RECIPROCAL DAYS JUNE 22, JULY 6 & AUGUST 3

Waupun Pass holders will be able to use the YMCA of Dodge County, Horicon Aquatic Center, Fox Lake Aquatic Center & Lomira Pool for FREE!

SENIOR SWIM (50+)

FRIDAYS 11AM–12 PM

WATER AEROBICS

WEDNESDAYS 4–5 PM

CANDACE WOJAHN START OUT SAFE WATER PROGRAM

June 9–12 Morning and Evening Times

Ages: 1–12

Times: 10:25–10:55a, 11–11:30a, 11:35–12:05p,
12:10–12:40p, 5:15–5:45p, 5:50–6:20p

FREE Program!

Registration can be done online at
www.theydc.org



SEASON PASSES

Individual Pass: Resident – \$105 Non Resident – \$130

Family Pass (5): Resident – \$210 Non Resident – \$260

Military (Active or Retired) 15% Discount

Family Season Pass includes up to 5 family members and is intended for immediate family only; all family members must reside at the same address.

An additional 2 family members can be added for \$10 each.

A maximum of 7 family members per Family Season Pass.

To qualify for the Military Discount, a Military ID must be shown at time of purchase.

DAILY PASSES

Ages 3 years and under FREE

Ages 4 years and older \$6.50

Senior 60+ Discount \$2

Please note that all patrons are required to pay to enter the Waupun Family Aquatic Center; weather swimming or not.

SWIM LESSONS

Session 1: June 16 – June 26 (PM)

Session 2: July 7 – July 17

Session 3: July 21 – Aug. 31 (PM)

Session 4: August 4 – Aug. 14

Registration Deadline: June 10

Registration Deadline: July 1

Registration Deadline: July 15

Registration Deadline: July 29

Cost per session \$45

For more information on swim lessons visit the YMCA of Dodge County online at www.theydc.org or call (920)887-8811.

PRIVATE SHELTER RENTAL

Rent the shelter for all occasions. 2 hours for \$25. For more information, contact the Waupun Pool Manager at (920)324-7924.

CONTACT INFORMATION: FOLLOW US ON FACEBOOK FOR UP TO DATE CLOSINGS & POOL INFORMATION!

Waupun Family Aquatic Center (920)324-7924

YMCA of Dodge County (920)887-8811

Waupun City Hall (920)324-7900

MEDICAL SUPPLIES & EQUIPMENT

Church Health Services, Inc. is seeking gently used/unneeded medical supplies and equipment. Items accepted are wheelchairs, walkers, canes, adult diapers, etc. To find out if you are eligible to receive or to learn more; call 920-887-1766, option 1 or email us at info@churchclinic.org. Medical supplies and equipment donations can be brought to the Waupun Recreation Department office. If you are in need of a wheelchair, walker, cane, bathroom aids/supplies, please ask a Recreation Department staff member. We do keep equipment on hand.