

# WAUPUN



MAY 2025

WAUPUN  
CITY OF SCULPTURE

## RECREATION DEPARTMENT NEWSLETTER

Inspiring Wellness | Enriching Lives | Building Community

CITY OF WAUPUN



### SUMMER KICK-OFF PARTY

Thursday, May 29

5:00pm – 7:00pm West End Park

7:00pm – 8:30pm Big Screen

Movie Sponsored by REACH at  
the Community Center

FAMILY  
EVENT  
for all ages

#### FEATURING

DJ/Karaoke,  
Face painting/Temporary Tattoos,  
Photo Op, Craft Project,  
Lawn Games, Inflatables,  
Kona Ice, Movie in the Gym

#### GET ALL OF YOUR SUMMER 2025 INFO

Contact Information:  
Call: (920) 324-7930

Email:  
parks@cityofwaupun  
wi.gov

Facebook: Waupun  
Recreation  
Department



Waupun  
Park Program



Library  
Summer Reading  
Program



Waupun Family  
Aquatic Center



#### WHAT'S INSIDE:

- Aquatic Center Info
- Billiards
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- Crafts
- Dementia Care Specialist
- Fitness Center
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- Mayor Visit
- Meals
- Meet & Greet
- Membership
- Pickleball
- Presentations
- Open Gym
- SPARK!
- Taxi Information
- Yoga 9am & 10:30am

**Address:** 520 McKinley Street Suite A, Waupun, WI 53963

**Phone:** (920) 324-7930

**Hours:** Mondays—Friday, 6:00am—7:00pm

**Email:** parks@cityofwaupunwi.gov

**Website:** <https://www.cityofwaupunwi.gov/>



# MEMBERSHIP

Waupun Community Center **participation requires a membership or day pass fee** to provide, maintain, and expand our services and programs. Stop on in for a tour!

**Standard Membership** grants access to participate in basic programs and services.


**Standard + Fitness Membership** grants access to everything a Standard Membership does, plus the ability to join our instructor-lead fitness classes and access to fitness center and gymnasium.

**Additional fees** may apply for certain programs offered by contracted instructors, practitioners, or for travel programs. Program offerings requiring specialized instruction, or the use of equipment or special supplies will be fee-based to support program delivery.

**Age of Use Policy.** Our facility is not a daycare or healthcare facility. Youth under 12 years of age must be attending a scheduled activity under the direct supervision of a caregiver. Adult participants must be independent or with a caregiver.

**Resident versus non-Resident rate** is determined by physical address. A City of Waupun address is required for resident rates.

**Gift Certificates Available**

MEMBERSHIP			
<b>Standard Annual Membership</b> Includes: All scheduled activities with the exception of fitness		<b>Standard + Fitness Annual Membership</b> Includes: Fitness Center Use, Gym Activities & Fitness Classes	
Resident	\$60	Resident Individual	\$120
Non-Resident	\$80	Resident 2-Person Household	\$180
 <b>Day-Pass</b>		Family	\$225
		Non-Resident Individual	\$140
Day-Pass Resident	\$3	Non-Resident 2-Person Household	\$200
Day-Pass Non-Resident	\$5	Non-Resident Family	\$245



## NEED A RIDE?

SAFE & RELIABLE TAXI SERVICE

**WAUPUN TAXI**

**920-324-2426**

[www.browncab.net](http://www.browncab.net)




# BINGO

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Thank you to our bingo sponsors and volunteers!

**Our jumbo, shutter slide bingo cards were donated by the Waupun Lions Club.**

**Community Table BINGO is on Fridays at 10am. Not on 5/23.**

**Come for Friday Community Table meal served from 11AM—12:30PM before afternoon bingo.**

## **Friday, May 9 at 1:00pm**

SIA is proud to sponsor 2<sup>nd</sup> Friday Bingo for the Waupun Recreation Department! Jordan Sterk, Kate Burk and Kyle Heuver are excited to be joining you this year as your bingo callers. Can't wait to see you on the 2<sup>nd</sup> Friday of every month at 1:00pm.



999 W. Main Street, Waupun  
www.SIAInsurance.com  
(920) 324-2071



## **Friday, May 16 at 1:00pm—AT Prairie Ridge**

We are invited to play bingo at Prairie Ridge Assisted Living! Let's visit our friends at Prairie Ridge to play bingo their way at their place! Prairie Ridge Assisted Living is located at 819 Wilcox Street in Waupun.





# ACTIVITIES

## SECOND THURSDAY MEET & GREET

This is something new and exciting! We have met so many new people as we settle into our new building. Let's get to know each other a little better! Please join us for conversation, fun and pizza at the Waupun Community Center!

**When:** Thursday, May 8 at 11:30am



## CRAFT CLUB: DIAMOND ART

Join us to explore the world of diamond art! Diamond art, also known as crystal art, is a craft where tiny resin rhinestones, called "diamonds" or "drills," are applied to a pre-printed adhesive canvas to create a mosaic-style artwork. Bring your own diamond art or use one of our starter kits. Please register at the welcome desk or by calling (920) 324-7930.

**When:** Tuesday, May 20 at 1pm



## SPARK!

SPARK! Is a creative engagement program for people with early to mid-stage memory loss and their care partners. Programs provide experiences that stimulate conversations, provide peer support and inspire creativity through creative engagement, workshops and programs. SPARK! Programs are free for families to attend. To register for SPARK!, please call 920-386-3580.

**When:** Thursday, May 1 from 4—5pm

**Where:** Imagine That! Art Studio located at 409 E. Main Street, Waupun



## CRAFT CLUB: SCRAPBOOKING

Bring your photos or paper memories that you would like to put together in a scrapbook or collage. We have all the supplies: glue, tape, stickers, paper and more to create a pages of a scrapbook or keepsake to hang on your refrigerator.

**When:** Tuesday, May 13 at 1pm

## PUZZLES & BOOKS

We have puzzles and books available to take home. These items are located in the sitting room. We also have a table to work on a puzzle when you visit.

## NAVIGATING THE COMPLEX SYSTEM OF AGING

Join Sheila Canter from Ripon Senior Living to learn how to navigate the system of aging. Presented information and resources about: Independent Living, Assisted Livings, Nursing Homes, Ombudsman Program, ADRC, Homecare VS. Home Health Register at the welcome desk or call 324-7930 by April 25.

**When:** Tuesday, May 6 at 12:30pm



# PRESENTATIONS

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## VISITING ANGELS

Visiting Angels is America's Choice\* in homecare and has been providing care in Dodge and Fond du Lac counties for over 10 years. Our mission is to assist our clients so they can continue to live comfortably in their homes and maintain their independence in familiar surroundings. Not only do we service private pay families but we are also contracted with all Managed Care Organizations, the Veterans Administration, and Medicare to provide our nationally recognized care at little to no cost.



**When:** Tuesday, May 20 at 12:30pm

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## LANDLORD & TENANT INFORMATION

The Wisconsin Bureau of Consumer Protection will present information on landlord and tenant rights and responsibilities under Wisconsin law. Please join Ben Merens, Outreach Specialist with the Department of Agriculture, Trade, and Consumer Protection, as he discusses and shares information and resources about rental housing, tenants and landlords.

**When:** Tuesday, May 27 at 12:15pm

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# CARDS & GAMES

## BILLIARDS

We have two pool tables and plenty of billiards equipment to shoot pool anytime the building is open.

## MONDAY EUCHRE

Let's play some cards! \$1 to play! Every Monday at 1:00pm.

## MONDAY MARBLES

Marbles or also known as The Aggravation Game is played with 2-6 players. Marbles and playing cards are used to play. Don't know how to play? We will teach you! Every Monday at 9:00am.

## MONDAY GOLF CARDS

Golf is a card game where players try to earn the lowest number of points over the course of nine deals. Please join us on Mondays at 1:00pm.

## TUESDAY HAND & FOOT CARDS

Hand & Foot is a card game related to Canasta. Rules are provided and we will teach you how to play. It's fun! We play on Tuesdays at 9:00am.

## WEDNESDAY & THURSDAY BLACK QUEENS SHEEPSHEAD

Same game and two opportunities to play! Join us! \$1 to play on Wednesdays and Thursdays at 1:00pm.

## WEDNESDAY DICE

Do you like to shake dice? Keep your points or gamble them away! First person to get to 10,000 points wins. Wednesdays at 9:00am.

## THURSDAY DOMINOES

This is not the set up and knock down dominoes. Let's play some real dominoes on Thursdays at 9:00am.

## FRIDAY SE7ENS

Game style of play is very similar to Canasta and Hand & Foot. The name comes from the fact that one of the required books must be made up entirely of sevens, which can be challenging. We play on Fridays at 9:00am.

## PING PONG TUESDAYS

Come play ping pong on Tuesday afternoons. Equipment and table will be ready. Join us on Tuesdays at 1:00pm

## WEDNESDAY UNO

UNO! UNO is a multi-player card game in which the objective is to be the first player to get rid of all the cards in their hand.

**When:** Wednesdays at Noon

## THURSDAY BOARD GAMES

Each week we will play a different game. We have Monopoly, Sequence, Rummikub and more!

**When:** Thursdays at Noon

# ACTIVITIES

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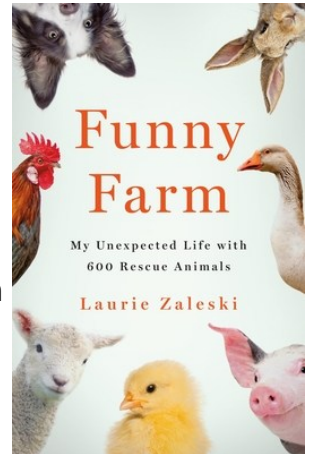
## MAYOR VISIT

Meet and/or catch up with Mayor Rohn Bishop. He will give the audience an update on city happenings, make announcements and answer questions from attendees. Join us at the Community Center to get your monthly update.

**When:** Tuesday, May 27 at 1pm

## MAY BOOK CLUB

This month's book is titled: *Funny Farm: My Unexpected Life with 600 Rescue Animals* by Laurie Zaleski, 256 pages. "Laurie Zaleski never aspired to run an animal rescue; that was her mother Annie's dream. But from girlhood, Laurie was determined to make the dream come true. Thirty years later as a successful businesswoman, she did it, buying a 15-acre farm deep in the Pinelands of South Jersey. She was planning to relocate Annie and her caravan of ragtag rescues—horses and goats, dogs and cats, chickens and pigs—when Annie died, just two weeks before moving day. In her heartbreak, Laurie resolved to make her mother's dream her own. In 2001, she established the Funny Farm Animal Rescue outside Mays Landing, New Jersey. Today, she carries on Annie's mission to save abused and neglected animals. Source: [goodreads.com](https://www.goodreads.com/book/show/25600000.Funny-Farm). Pick up your copy after May 1 at the Recreation Department office.



**Optional Discussion:** Friday, May 30 at 9am

## OPEN VOLLEYBALL

Join us on Thursdays at 2pm to close for volleyball! We will have the volleyball net set up and volleyballs ready.

## KNIT-WITS

This is a social knitting group that works on personal projects while chit chatting. New members are always welcome. We will help with projects, teach knitting or crocheting, how to read patterns etc., but we are not instructors. Bring your own yarn and knitting needles and join us!

**When:** Wednesdays at 1:00pm

## INDOOR BEAN BAG TOSS

Join us to play bean bag toss in the gymnasium at 12:30pm on Thursdays.



## PICKLEBALL

Join us to play or learn how to play pickleball at the Waupun Community Center! You can find our gymnasium schedule on page 8 of this newsletter. We have times scheduled for open play and lessons. We also have the equipment needed for you to play. Want to reserve a court? Please sign up at Waupun Recreation Department office, call (920) 324-7930, or email [parks@cityofwaupunwi.gov](mailto:parks@cityofwaupunwi.gov)

## 8 FITNESS CENTER

# FITNESS

The Waupun Community Center has new fitness machines, treadmills, steppers, and bikes. It also has handheld weights, resistance bands, and exercise balls. The fitness center is open during building hours. Circuit Time is Monday—Friday from 8:00am—10:00am. **Fitness Center Orientation** is on the 4th Wednesday of every month, Wednesday, May 28 from 3-4pm.

## TUESDAY TONE

Tuesday Tone is a combination of yoga and aerobics. The movements taught in class focus on specific exercises to improve leg strength. A chair is used for balance and support.

**When:** Tuesdays at 10:30am

## YOGA

Chair support is offered for all standing and seated yoga poses. This class focuses on stretching your whole body by focusing on specific muscles and muscle groups. Please wear tennis shoes.

**When:** Mondays & Thursdays at 9am & 10:30am

## AEROBICS

Move to the music using hand-held weights, an elastic band, and a small ball. A chair is used for seated exercises and standing support. Equipment provided.

**When:** Wednesdays & Fridays at 10:30am

## INDOOR WALKING

Come walk inside our gym or through our hallways.

17 laps in the gym = 1 mile and 10 laps in the building = 1 mile

## GYMNASIUM SCHEDULE

We have pickleball, basketball, and volleyball equipment to use. For open gym/court reservations, please call 920-324-7930.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
8am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner
9am	Pickleball Intermediate/Advanced	Pickleball Intermediate/Advanced	Pickleball Intermediate/Advanced	Pickleball Intermediate/Advanced	Pickleball Intermediate/Advanced
11am	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner	Pickleball Beginner
1pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
2pm	Learn to Play Pickleball	Open Gym	Learn to Play Pickleball	Volleyball	Learn to Play Pickleball
3pm-7pm	Open Gym	Open Gym	Open Gym	Volleyball	Open Gym



# SERVICES

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## FOOT CARE CLINIC

Professional foot care services include: a thorough lower leg and foot assessment, toenail trimming, reducing of calluses and/or corns, thinning or debridement of thick toenails by Keren from Lotus Foot Care, LLC. Please bring a bath towel to your appointment.

**Fee:** \$35/30 minute appointment or until foot care is complete. \$40 new patients.

**When:** Thursday, May 1                      Thursday, May 15

Appointments begin at 8:30am. Last appointment is at 4:00pm. Call 324-7930 to schedule your appointment. Appointments can be made months in advance.

## EYEGLOSS ADJUSTMENTS

Teresa Ruch from Rock River Eyewear will be at the Waupun Recreation Department to do any eyeglass or sunglass adjusting, replacement of screws, or nose pads. Cleaning supplies available.

**When:** Wednesday, May 21 at 12:30pm—1:00pm

## DEMENTIA CARE SPECIALIST OFFICE HOURS

Join Alyssa Sommerfeldt, Fond du Lac County Dementia Care Specialist, to talk about dementia. Alyssa is available to perform memory screens, provide support and dementia related resources for those living with the disease and their caregivers, or available to just chat.

**When:** Thursday, May 22 from 9:00am-Noon

# MAY ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga Noon Board Games 12:30pm Bean Bags 1pm Sheepshead 4pm SPARK!	<b>2</b> 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal
<b>5</b> 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	<b>6</b> 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:30pm Aging Presentation 1:00pm Ping Pong	<b>7</b> 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits	<b>8</b> 9am Dominoes 9am Yoga 10:30am Yoga 11:30am Meet & Greet Noon Board Games 12:30pm Bean Bags 1pm Sheepshead	<b>9</b> 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal 1pm SIA Bingo
<b>12</b> 9am Marbles 9am Yoga 10:30am Yoga 11:30am Lunch 1pm Euchre 1pm Golf Cards	<b>13</b> 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 1pm Craft Club Scrapbooking 1:00pm Ping Pong	<b>14</b> 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits	<b>15</b> 8:30am Foot Care 9am Dominoes 9am Yoga 10:30am Yoga Noon Board Games 12:30 Bean Bags 1pm Sheepshead	<b>16</b> 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal 1pm Bingo at Prairie Ridge
<b>19</b> 9am Marbles 9am Yoga 10:30am Yoga 1pm Euchre 1pm Golf Cards	<b>20</b> 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:30pm Visiting Angels 1pm Craft Club Diamond Art 1pm Ping Pong	<b>21</b> 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 12:30pm Eyeglasses 1pm Sheepshead 1pm Knit-Wits	<b>22</b> 9am Dominoes 9am Dementia Care Specialist 9am Yoga 10:30am Yoga Noon Board Games 12:30pm Bean Bags 1pm Sheepshead	<b>23</b> 9am Se7ens 9am Book Club 10:30am Aerobics
<b>26</b> <b>CLOSED</b>	<b>27</b> 9am Hand & Foot Cards 10:30am Tone 11:30am Lunch 12:15pm Landlord & Tenant Presentation 1pm Mayor 1pm Ping Pong	<b>28</b> 9am Dice 10:30am Aerobics 11:30am Lunch Noon UNO 1pm Sheepshead 1pm Knit-Wits 3pm Fitness Center Orientation	<b>29</b> 9am Dominoes 9am Yoga 10:30am Yoga Noon Board Games 12:30pm Bean Bags 1pm Sheepshead	<b>30</b> 9am Se7ens 10:30am Aerobics 11am-12:30pm Community Table Meal

**SCHEDULE IS SUBJECT TO CHANGES. PLEASE CALL 324-7930 TO VERIFY.**  
GYMNASIUM SCHEDULE IS ON PAGE 8.

# MAY LUNCH MENU

The Waupun senior dining lunch is brought to us by the elderly nutrition program of ADRC of Fond du Lac County with the goal of providing one hot, nutritious meal containing 1/3 of daily dietary needs. All meals served with 2% milk. Menu is subject to change without notice. Now serving cafeteria style!

**When:** Indoor dining at 11:30am, Monday—Wednesday, \$5.00 suggested contribution



**When:** Mobile meals delivered between 9:30am and 11:30am, Monday—Friday, \$5.00 suggested contribution

**Eligibility:** Available to all persons age 60 years of age or older or a spouse (under age 60) who is eating with their spouse who is age 60 or older. No person shall be excluded from participation in, be denied benefits of, or be subjected to discrimination on the grounds of race, color, creed, sex, national origin or their ability to pay. Persons under age 60, cost of meal is \$11.47.

**Registration:** Participants must register in advance, but no later than one business day prior by noon by calling 324-7930.

**Cancellations:** If you must cancel, please call 324-7930 as soon as possible.

**Mobile Meals:** To see if you or someone you know are eligible call 920-929-3466 (FdL County residents only). City of Waupun Dodge County residents, call 920-324-6509. Dodge County rural residents, call 920-386-3580.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY Mobile Meals Only	FRIDAY Mobile Meals Only
 <i>Feil's Catering</i> Your Senior Dining Provider Menus & Nutritional Analysis at (920) 326-6050	 Senior Dining Fellowship, Food & Fun		1 Chicken Marsala Baby Red Potatoes Vegetable Fruit Dessert & Roll	2 Salisbury Steak Mashed Potatoes Spinach Salad Fruit Dessert & Bread
5 Baked Chicken Mashed Potatoes Vegetable Fruited Gelatin Dessert & Bread	6 Beef Stroganoff Three Bean Salad Fruit Dessert & Roll	7 Country Fried Steak Mashed Potatoes Vegetable Fruit Dessert & Bread	8 BBQ Pork Cutlet Baked Potato Whole Baby Carrots Fruit Dessert & Roll	9 Breaded Fish Fillet Baked Beans Vegetable Fruit Dessert & Bread
12 Roast Turkey Mashed Potatoes Vegetable Fruit Dessert & Bread	13 Ham Roll Sweet Potato Bake Vegetable Fruit Dessert & Roll	14 Chicken Cacciatore White Bean Salad Vegetable Fruited Gelatin Dessert & Bread	15 Meatloaf Baby Red Potatoes Vegetable Fruit Dessert & Roll	16 Roast Pork Loin Mashed Potatoes Red Cabbage Fruit Dessert & Bread
19 Italian Sausage w/Bun Calico Bean Casserole Vegetable Fruit & Dessert	20 Chili Casserole Spinach Salad Vegetable Fruit Dessert & Bread	21 Hawaiian Meatballs Baked Potato Vegetable Fruit Dessert & Bread	22 Mushroom Pork Cutlet Mashed Potatoes Vegetable Fruit Dessert & Roll	23 Liver & Onions Garlic Mashed Potatoe Vegetable Fruit Dessert & Bread
26 <b>CLOSED</b>	27 Glazed Ham Sweet Potato Bake Vegetable Fruit Dessert & Roll	28 Chicken Tetrazzini Spinach Salad Vegetable Fruit Dessert & Bread	29 Honey Mustard Meatballs Mashed Potatoes Vegetable Fruit Dessert & Bread	30 Pork Jaegerschnitzel Baked Potato Vegetable Fruited Gelatin Dessert & Bread

**FRIDAY COMMUNITY TABLE MEAL 11:00AM—12:30PM.** A great, social meal at no cost served by organizations, businesses and volunteers in our community! All ages are welcome! Dine in or carryout. Menu changes weekly. Join us in the Waupun Community Center Dining Room! No meal on 5/23.



# AQUATIC CENTER



**WAUPUN**  
CITY OF SCULPTURE

## WAUPUN FAMILY AQUATIC CENTER

The YMCA of Dodge County in collaboration with the City of Waupun, will be providing lifeguard management and staff of the Waupun Family Aquatic Center.

**SUMMER 2025 JUNE 7 – AUGUST 24**



### City of Waupun General Swimming Pool Information

**LOCATED IN FOND DU LAC COUNTY PARK 701 County Park Rd, Waupun, WI 53963**

The Waupun Family Aquatic Center features a zero depth entry, two water slides, a kiddie slide, water spouts and fountains a lap pool area, two water basketball hoops, a one meter diving board, a bathhouse with private changing and showering areas; lounges, large shade umbrellas and concession stand with snacks and refreshments. There is a shelter area available to be rented for private parties.

### ONLINE REGISTRATION AVAILABLE FOR SWIM LESSONS AND SEASON PASSES!

Season passes may be purchased prior to pool opening online at [www.theydc.org](http://www.theydc.org), or in person at City Hall starting April 7, or at the Waupun Family Aquatic Center beginning June 7.

Swim lessons may be purchased prior to pool opening online at [www.theydc.org](http://www.theydc.org) starting April 7 or calling 920-887-8811.

Waupun Family Aquatic Center (920)324-7924  
Waupun City Hall (920)324-7900  
YMCA of Dodge County (920)887-8811



Follow us on Facebook for up to date  
closings and pool information at  
Waupun Family Aquatic Center

SCAN HERE FOR



SEASON PASSES